

## MIDLAND BENCHREST LEAGUE RULES - SUMMER 2017

- 1 **RIFLE:** AN AIR RIFLE (.177/.20/.22 CAL) OR A RIMFIRE RIFLE (.22 CAL) MAY BE USED.
- 2 **SIGHTS:** ANY SIGHTS ALLOWED. TELESCOPIC SIGHTS CAN BE ANY MAGNIFICATION.
- 3 **BENCHRESTS/TABLE:** AN ADJUSTABLE PEDESTAL WITH A SMALL PLIABLE SANDBAG OR AN IMPROVISED NON ADJUSTABLE SUPPORT IS ALLOWED AT THE FRONT. THE FRONT SUPPORT CAN BE FLAT OR IT CAN BE A DISHED SANDBAG.  
A BIPOD IS ALLOWED AS AN ALTERNATIVE TO A FRONT PEDESTAL.  
A SMALL REAR SANDBAG IS ALLOWED. ALTERNATIVELY THE SHOOTER CAN SUPPORT THE WOODWORK AT THE REAR OF THE RIFLE WITH HIS NON FIRING HAND - (A GLOVE IS ALLOWED)  
THE FRONT REST AND REAR SANDBAG (IF USED) MUST BE INDEPENDENT OF EACH OTHER  
THE SIMPLE FLAT FRONT REST ALLOWED BY THE NSRA OBVIOUSLY COMPLIES  
A SLING MAY BE USED AS AN ALTERNATIVE TO THE BENCHREST/SUPPORT(S).  
NO DEVICE IS ALLOWED THAT PERMITS RETURN TO BATTERY. IE. THE SHOOTER MUST RE-AIM FOR EACH SHOT.  
A PURPOSE MADE BENCH OR A NORMAL TABLE/MODIFIED TABLE CAN BE USED TO SHOOT FROM

### 4 **TARGETS AND SCORING:**

THE TARGET IS BASED ON THE UKBR22 BENCHREST TARGETS BUT IS MORE DIFFICULT BECAUSE THE BLACK LINE CIRCLING THE BULL **IS NOT** PART OF THE 10 IN OUR LEAGUE. THE 10 BULL CARD IS VERY SIMILAR TO THAT USED BY THE YORKSHIRE BENCHREST LEAGUE AND IS ADAPTED FOR BOTH DISTANCES. IE. DIFFERENT TARGETS ARE AVAILABLE FOR 25 YD OR 20 YARD RANGES. **PLEASE ENSURE YOU HAVE THE CORRECT CARDS FOR YOUR RANGE.** THERE ARE 20 SHOTS/ROUND  
ALL SCORES TO BE INDICATED ON THE SHOT CARDS BY THE SCORER PLUS THE CARD TOTAL.  
GAUGING OF **ALL SHOT HOLES** TO BE CARRIED OUT WITH A NSRA .22 PROBE. INWARD SCORING RULES APPLY. **GAUGED SHOTS SHOULD BE INDICATED ON THE CARD BY THE SCORER.**

THE NOMINATED SCORER IS TO BE IDENTIFIED ON THE ENTRY FORM

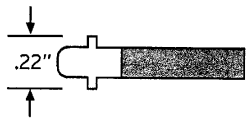
### **VERY IMPORTANT**

THE 10 IS THE WHITE 2MM SPOT IN THE CENTRE OF EACH AIMING MARK. A TEN IS ACHIEVED IF THE SHOT BREAKS **COMPLETELY THROUGH THE BLACK CIRCLE** AND TOUCHES OR BREAKS INTO THE TINY WHITE INNER CIRCLE. THE PLUG GAUGE SHOULD BE USED TO CONFIRM A 10

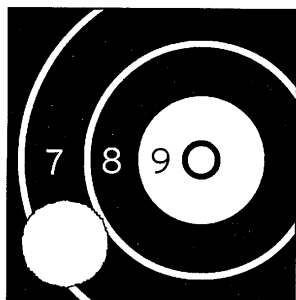
THE PLUG GAUGE/PROBE MUST ALWAYS BE USED TO CONFIRM A 10.1 THIS EXTRA 0.1 POINT IS AWARDED FOR A SHOT IF THE CENTRE 10 RING IS SHOT OUT COMPLETELY **AND THE PROBE DOES NOT TOUCH THE 8 RING.** [SEE EXAMPLE 4 ON SCORING INSTRUCTIONS BELOW]. IT IS THEREFORE POSSIBLE (BUT UNLIKELY) TO SCORE 101 POINTS FOR THE PERFECT CARD

## Midlands 20/25 yds Bench Rest: How to score the card

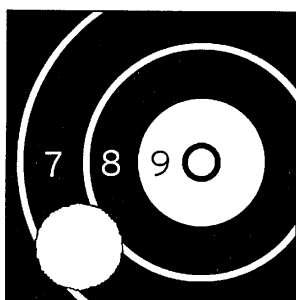
.22" marking gauge must be used



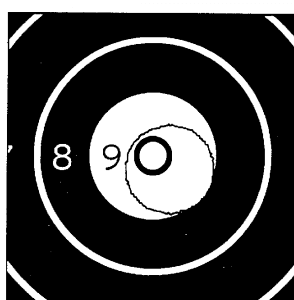
1. Inward scoring for rings 5 to 10 (see examples 1 and 2)
2. Lower than 5 ring achieves no score. 10 points lost
3. **Outward scoring using probe/plug gauge to achieve extra 0.1 [see example 4]**



**Example 1:**  
Touch line = lower score  
Example shown scores 7



**Example 2:**  
Break line = higher score  
Example shown scores 8



**Example 3:**  
In order to determine whether a shot is a 10 or 10.1, If the probe/plug gauge breaks into or touches the 8 ring as above then the score is only 10



**Example 4:**  
If the probe does not touch the 8 ring as above, an extra 0.1 is scored  
Example shown scores 10 + 0.1  
**White is visible all around the probe/plug gauge**

ALL TARGETS TO BE SIGNED BY SHOOTER AND DATED/SIGNED BY WITNESS. ALL TARGETS TO BE RETAINED FOR UP TO 4 WEEKS AFTER LDFS OF FINAL ROUND FOR AUDIT. MIDLAND STICKERS TO GO ON FRONT OF CARDS

**5 COURSE OF FIRE:** 10 ROUNDS ARE TO BE SHOT OVER THE WINTER. EACH ROUND CONSISTING OF 2 SCORING CARDS WITH 10 SHOTS/CARD. 20 SHOTS/ROUND. DATES TO BE ADVISED

**6 TIMING:** ALL 20 SCORING SHOTS TO BE TAKEN IN ONE SHOOTING SESSION - MAXIMUM 60 MINUTES. RETURN TO SIGHTER TARGETS IS ALLOWED DURING THE SESSION.

**7 DIVISIONS:** TEAMS OF 3 WILL BE PUT INTO DIVISIONS BASED ON ROUND 1&2 SCORES & SUBMITTED AVERAGES. AIR RIFLE AND RIMFIRE SHOOTERS CAN SHOOT IN THE SAME TEAM

**8 SHOOTING DATES:** THERE WILL BE 10 ROUNDS WITH ONE ROUND SHOT/FORTNIGHT. YOU CAN SHOOT IN ADVANCE, BUT SCORE CARDS MUST BE E-MAILED/POSTED TO MYSELF TO BE RECEIVED ON THE SATURDAY AFTER THE LAST DATE FOR SHOOTING. SHOOTING DATES WILL BE ADVISED WITH ISSUE OF STICKERS.

**9 RESERVES:** IF A SHOOTER CANNOT SHOOT A ROUND, A RESERVE CAN BE USED AS A SUBSTITUTE. THE RESERVE'S AVERAGE MUST HAVE BEEN PREVIOUSLY ESTABLISHED AND IT MUST BE WRITTEN ON THE SCORE CARD SO THAT THE TEAM SCORE CAN BE AMENDED ACCORDINGLY (IE. IF THE RESERVES AVERAGE EXCEEDS THE SHOOTER'S, HE IS SUBSTITUTING). MAXIMUM OF 3 RESERVES WILL BE ALLOWED PER TEAM DURING THE SEASON.

**A RESERVE CAN ONLY SHOOT FOR 1 TEAM IN A PARTICULAR ROUND.**